



# Storybooks Canada

[storybookscanada.ca](http://storybookscanada.ca)

آشپزی / Cooking

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Haghighi!

This story originates from the African Storybook ([africanstorybook.org](http://africanstorybook.org)) and is brought to you by Storybooks Canada in an effort to provide children's stories in Canada's many languages.



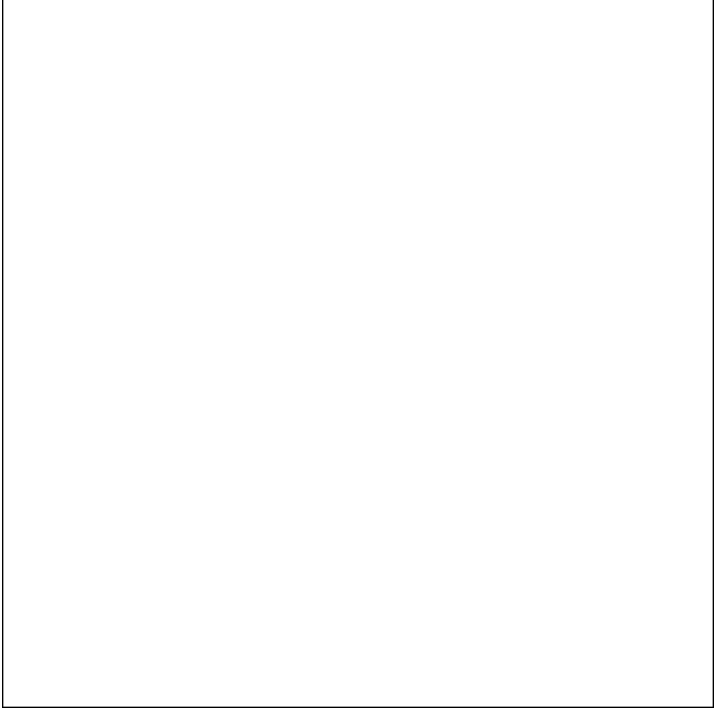
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آشپزی

Cooking



✎ Clare Verbeek, Thembani Diadla, Zanele Buthelezi

👤 Kathy Arbuckle

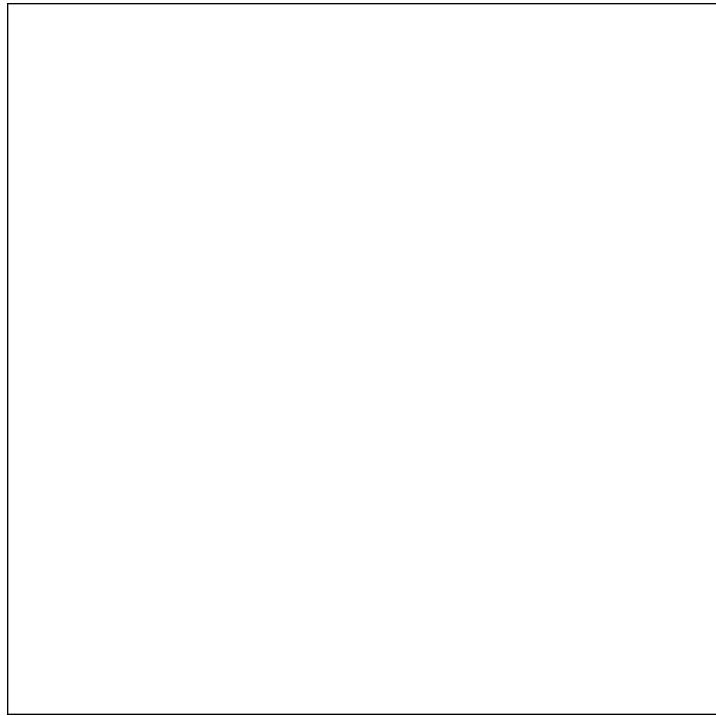
📧 Marzieh Mohammadian Haghighi!

🗨️ Persian / English

📖 Level 1

(imageless edition)





مَن سيب زمينى ها را پوست كندَم.

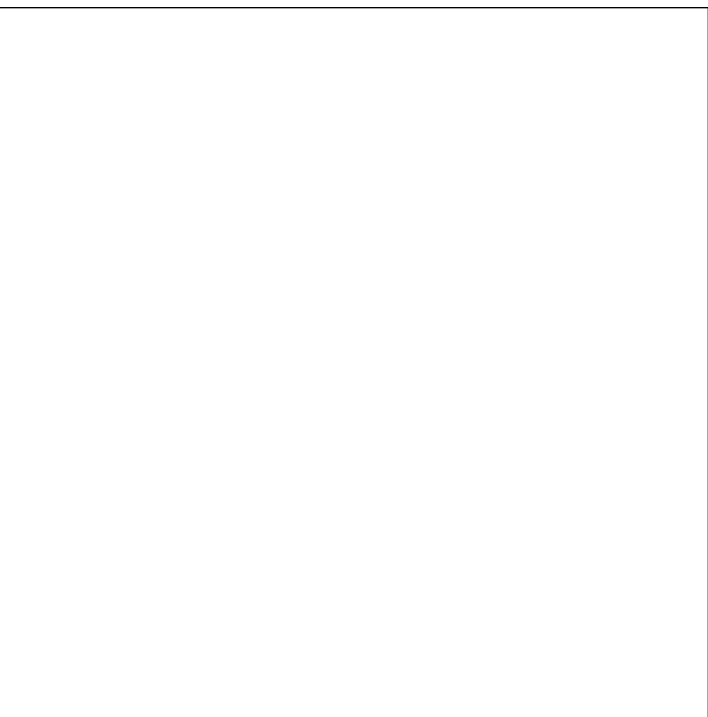
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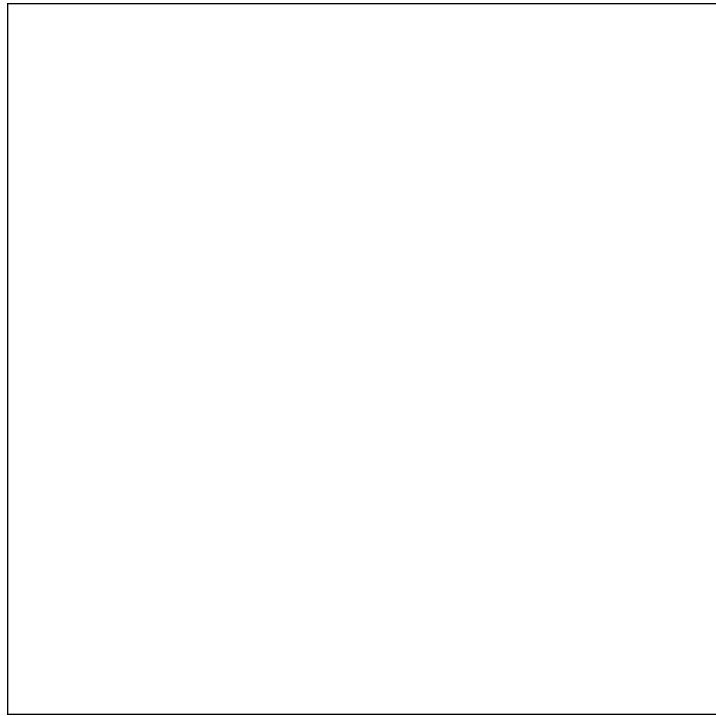
I peel the potatoes.

I chop a cabbage.

...

کلم را ریز ریز خرد کردم.

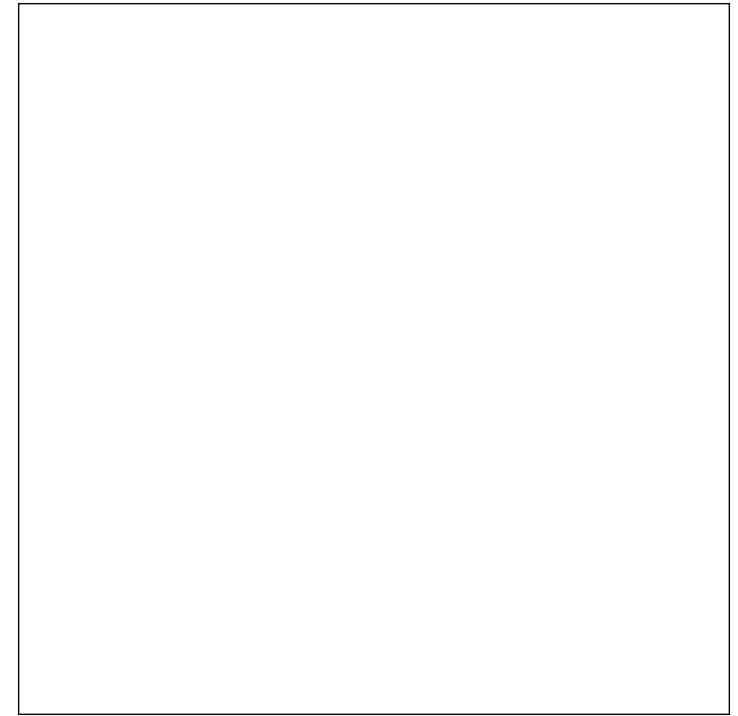




هویج ها را رنده کردم.

...

I grate the carrots.



پیازها اشک من را در می‌ورزند وقتی که خرد

می‌شوند.

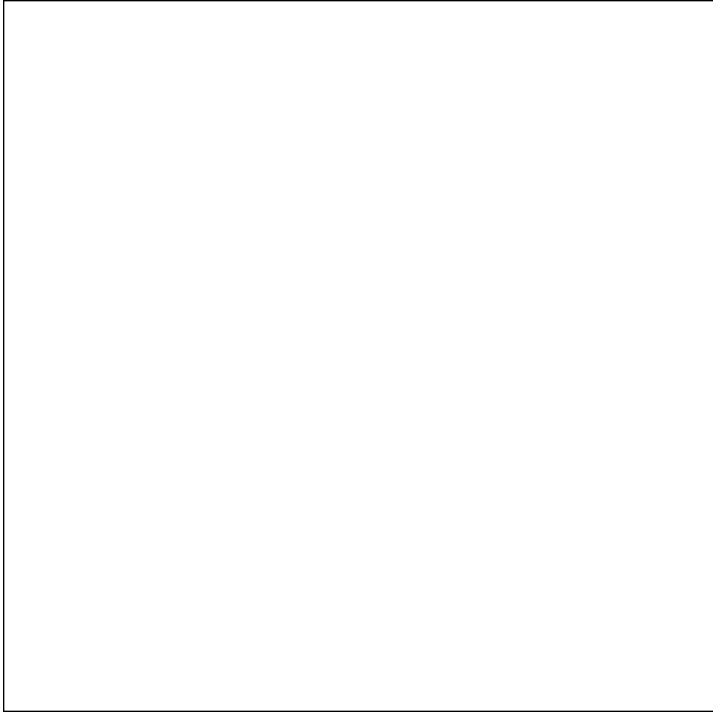
...

Onions make me cry when they are chopped.

My mom chops the onions.

...

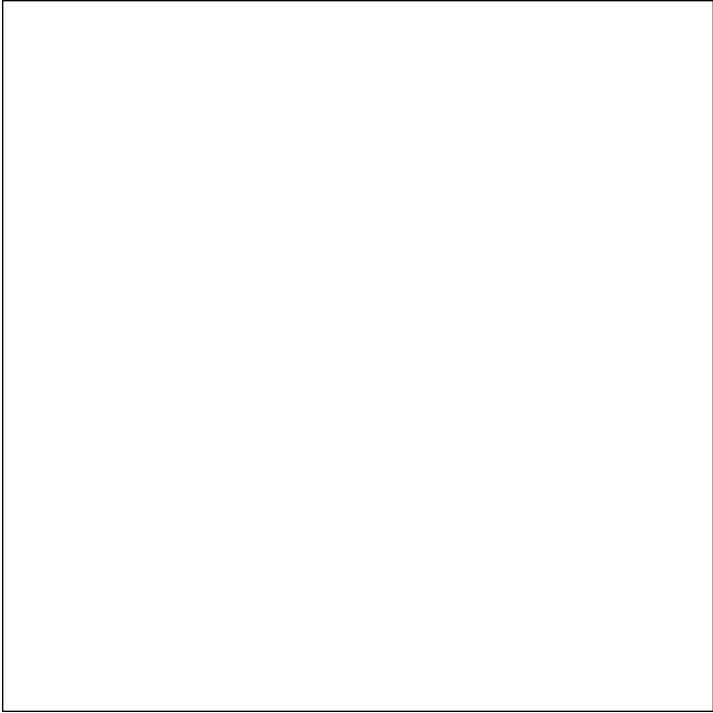
مادرم پیازها را ریز ریز خرد کرد.

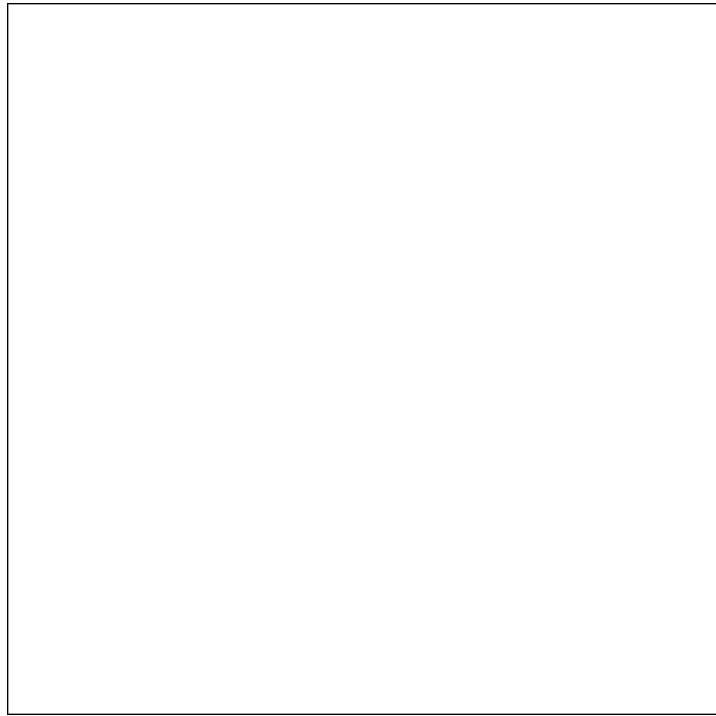


I wash the beans.

...

لوبیاها را شستم.





گدو حلوایی ها را بُرِش زَدَم.

...

I cut the butternut.



إسفِنَاج ها را ریز ریز گردَم.

...

I chop the spinach.